

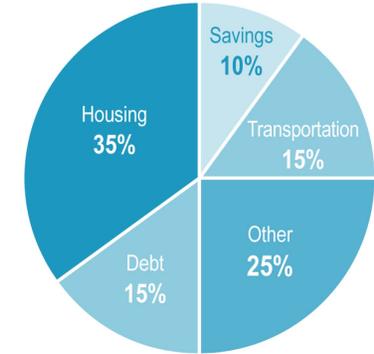
Financial Wellbeing



Fritter Finder

Ever wonder where all of your money goes? The Fritter Finder can help you track where you spend your money. At the end of the week, you'll have a clear idea of where those extra dollars could be hiding. In the future, you can use funds you currently fritter away to increase savings, pay off bills or buy something special. (The chart to the right represents a nationwide guideline for a balanced budget.)

Suggested Budget Guidelines



Call LifeMatters at 800-657-3719 at any time for additional resources and tools.

CUT HERE, FOLD AND CARRY WITH YOU.

Fritter Finder Instructions: For one week, carry the Fritter Finder in your wallet or purse and track where you spend your money. Write down everything you buy from the newspaper to the bagel. The object is to track where every penny goes. At the end of the day add your totals at the bottom. Then at the end of the week add your daily totals to figure out your expenses for the week.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
ITEM	COST												
DAILY TOTAL:		DAILY TOTAL:		DAILY TOTAL:		DAILY TOTAL:		DAILY TOTAL:		DAILY TOTAL:		DAILY TOTAL:	

WEEKLY TOTAL: