

Agenda
Agency Wellness Champions Team Meeting #25
Tuesday, June 29, 2010
1:30-3:00 p.m.

MN Pollution Control Agency
 Room 6-3*
 520 Lafayette Road N
 St. Paul, MN 55155

Directions, metro transit and parking information can be found at:
<http://www.pca.state.mn.us/index.php/about-mpca/mpca-overview/agency-structure/mpca-offices/st.-paul-office.html?menuid=&missing=0&redirect=1>

Bike racks are available.

*Please arrive by 1:25, and check in with the Security Desk, where Alexis will meet you. For “express check-in”, RSVP in advance, and we’ll have your badge ready for you: linda.feltes@state.mn.us.

Agenda Item	Presenter/Facilitator	Notes
1:30 Welcome	Host Alexis Donath	Note-taker: Needed!
1:40 Who Has What Fitness centers, showers, changing facilities, and policies that support them	All. Please bring copies of guidelines, policies, waivers and your questions regarding these facilities.	
2:10 Energy Break Boot Camp Sampler	Twin Cities fitness instructor Melissa Schoeller will give a Boot Camp demo outside! Dress in loose, comfortable clothing.	
2:30 Steps to Arranging a Fitness Class	Linda Feltes	
2:45 Brief Updates and Next Meeting	Date: July 27. 2010 Location: _____ Topic/Featured program: Tools for new employee orientation Energy break leader: _____	

